



Grand Rapids Martial and Cultural Arts

This is a release form.
Please read it in its entirety before signing it!

Each person who participates in martial-arts practice accepts the dangers that are inherent in that practice, insofar as the dangers and risks are obvious and necessary. As a participant of Grand Rapids Martial and Cultural Arts (GRMCA), I hereby agree to hold GRMCA and its board, officers, instructors and members, and the dojo and its owner, officers, agents, instructors and participants harmless from any and all liability involved in my practice of Aikido and my use of the facilities provided. I sign this release knowingly and voluntarily, and with the intent of binding myself, my spouse, my heirs, and my legal representatives and assigns. My signature indicates that I have read and fully understand the above information and agree to abide by its contents.

Signature of participant

Date

Signature of parent/guardian if participant is under 18

Please print clearly:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell: _____ Home: _____

E-mail address: _____

Emergency contact name: _____

Emergency contact cell: _____